



LORD'S  
SUPPER

Before taking the Lord's Supper, please take a few moments to prepare physically and spiritually so that the experience is as meaningful and free from distractions as possible. You can prepare by reading the passage(s) below aloud and praying thanksgiving for the sacrifice of Jesus for you.

## STEP 1

### CHOOSE AN OPTION BELOW.

#### OPTION 1



Watch the video "What Is Communion?". This video is an excellent option for everyone, especially those with children.



To watch, scan this QR Code.

#### OPTION 2

1. Read 1 Corinthians 11:23-26 (also in Matthew 26:26-29).
2. Read the following aloud.

The **BREAD** represents Jesus' broken body given for me. The **JUICE** represents the new promise the Father makes to forgive my sins because Jesus gave his blood in my place. The Lord's Supper reminds me of **JESUS' SACRIFICE** and the Father's promise to forgive me by faith. When I take the Lord's Supper, I proclaim **JESUS' DEATH AND FORGIVENESS**. The Lord's Supper reminds me to be ready for **JESUS' RETURN** and his kingdom in which I already live.

## STEP 2

### EXAMINE YOURSELF AS YOU FOLLOW THE HOLY SPIRIT'S PROMPTINGS. (1 CORINTHIANS 11:27-30)

- Ask the Father to reveal ongoing and unrepented sin.
- Ensure you have no unforgiveness, bitterness, or envy against anyone.
- Repent or turn away from those sins to forgiveness in Jesus and his sacrifice.
- Thank the Father for his love and forgiveness through Jesus, who saves you.

## STEP 3

### EAT THE BREAD AND DRINK THE JUICE, REMEMBERING AND PROCLAIMING JESUS' DEATH AND HIS SOON RETURN.